

"Ultimate beauty and healing from the inside and out"
Beauty and Health Newsletter 2023 Spring

We would like to thank you for your continued loyalty and support. This issue also contains articles relevant to your health and beauty. Unfortunately, however, I must also make a very sad announcement.
Miwako von Planta

Dr. Niwa passed away on September 18, 2022.

Dr. Niwa was a world authority on Free Radicals, researched and developed SOD-like action foods and natural herbal medicines, was director of the Niwa Immunity Research Institute and chief of Tosashimizu Hospital, and dedicated his life to the medical treatment of patients suffering from cancer, autoimmune diseases, and atopic dermatitis and other incurable diseases.

As a child, Dr. Niwa was very weak, and he had to be carried to school on the back of his caregiver because he could not walk far himself.

Dr. Niwa studied at Kyoto University Medical School in Japan and has since been involved in research on Free Radicals and SOD (superoxide dismutase), an enzyme that eliminates Free Radicals. He has published more than 60 research papers on SOD and other biological defenses in prestigious English-language international medical journals both in Japan and abroad.

I first became aware of Niwa Therapy more than 18 years ago when I read Dr. Niwa's numerous books and publications. At that time, I had no idea that they would have such a great impact on my life.

Having always been very close to medicine, I knew that Dr. Niwa was a very good doctor who had great experience and knowledge in treating cancer and other difficult diseases such as autoimmune diseases. What impressed me most was his commitment to caring for his patients first and foremost. As I got to know him better, I was really attracted to his personality, which was straightforward and honest, with no lies and no preference for personal gain, and although he could be stern at times, there was a great deal of tenderness and love in his personality. He was one of the most trustworthy persons I have ever known.

I myself had a weak constitution since childhood, had to be hospitalized repeatedly, and suffered from migraines, allergies, and allergic hay fever for many years, but Dr.

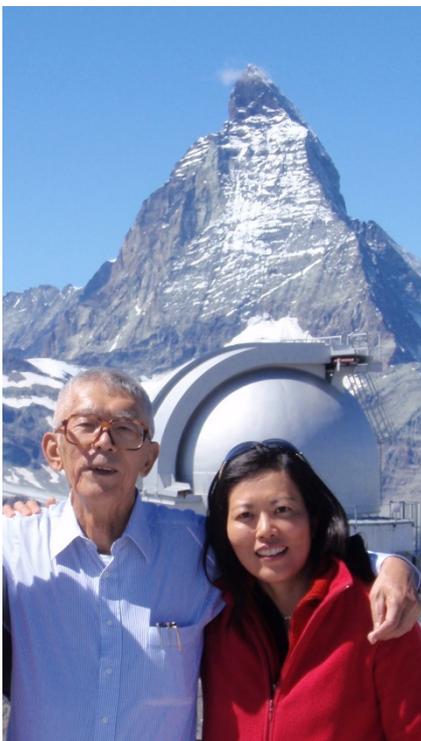


J. Niwa
Nov. 6th. 2007.

神は自然の恵みの方に
全ての良薬を与え給ふ。

Niwa's SOD-like action foods completely improved my condition. And in the last 15 years, I have never seen a doctor.

Niwa's therapy was developed because he lost his beloved eight-year-old son Tsuyoshi to leukemia. The suffering his son went through due to the disease and side effects of cancer therapies was terrible. This experience was at the root of Dr. Niwa's desire to devote his life to researching better medicines.



He was so disappointed that he had given his son what he considered the highest standard, yet had to let him die in such terrible pain. He felt a great emptiness and even thought of giving up the medical profession. He had been invited to lecture at international

conferences, had authored more than 60 research papers in leading international journals, and was a physician who had mastered the art of medicine, and yet he could not save Tsuyoshi's life.

Dr. Niwa has written down his regrets and remorse in many other books, including the book "The Heart of a Doctor Taught to Me by My Son with Leukemia."

Dr. Niwa has said, "I did not understand the feeling of sorrow until I sided with the patient, especially from the experience of my own child who

suffered from terminal cancer. I hope you can understand my deep regret for what I did. I am sorry for the patients and their immediate family members who have also suffered and grieved in the past and died from the same fate. I have no supernatural powers and no telepathic abilities. All I can do is try to somehow eliminate in this world the suffering my child has suffered from the disease. I have given up Sundays, holidays, and New Year's Eve to work on research into incurable diseases and cancer, to develop natural herbal medicines without side effects, without the chemo that my son has suffered so much from."

Chinese medicine and raw foods have no side effects. But they don't almost have any effect, they don't help people. I didn't want to prescribe cancer drugs anymore. But is there a better natural treatment in the form of herbal medicine? If not, how can we change that?"

He invested so much money that his hospital went bankrupt, and after 20 years of research, he finally succeeded in developing an SOD-like action food (a compound that acts like an SOD enzyme in the body, removing Free Radicals).

There are many SOD-like products on the market worldwide that do not work in the human body, even though they are effective in the test tube. In fact, Dr. Niwa's SOD-like action food is probably the only one in the world that actually functions in the human body.





Personally, I have accompanied clients and friends from Switzerland with cancer to Dr. Niwa's hospital in Tosashimizu, Japan, over the past few years. Each trip has been unique and special. I even stayed at the hospital for more than a month and accompanied the patients I brought with me. There I was able to see for myself the seriousness of the Niwa treatment approach and at the same time the extremely dedicated, passionate, and loving attitude of the entire staff towards each and every patient suffering from the disease.

SOD preparations and SOD enzymes are so difficult to make because they are high molecular weight antioxidants. Even if they were made into an injectable solution, they would not reach the necessary sites in the body, and if given as an oral drug, gastric juices would destroy the enzyme, making absorption impossible. At that time, Dr. Mickelson (Cambridge graduate and former disciple of Dr. Todd, Nobel laureate and world expert on proteins), a biochemist at the Institute of Physical Chemistry in Paris, France, and Dr. Niwa jointly succeeded in formulating a liposomal SOD. Unfortunately, due to subsequent regulations on contagious bovine diseases in European countries, it is no longer possible to produce it. Based on this experience, Dr. Niwa took a completely different approach and successfully developed SOD enzymes, which are SOD-like foods that act like enzymes to eliminate Free Radicals.



And those who come there for the first time are often surprised to hear a lot of laughter on the corridor. That is unthinkable on a normal cancer station. Niwa Therapy's cancer patients have a good appetite even when they are seriously ill and can eat well while talking to others in the common room. Entertaining events such as excursion and cooking classes have also been organized for the patients.

Tosashimizu Hospital's website is <http://tosashimizu-hospital.com/>. As can be seen from the many letters from his patients on his website, there were many people who relied on his treatment and were grateful to him.



He worked until midnight every day, seven days a week, all year round, without a day off, and did not allow himself a single day of rest. Dr. Niwa did not reject Western medicine. He told me that he stopped using cancer drugs because his own seven-year-old son Tsuyoshi died due to the side effects of cancer drugs. Unsurprisingly, however, he was also envied, antagonized, and vilified for his achievements.

However, in 2012, Niwa Therapy was officially recognized by the International Cancer Congress - no one had ever been able to do this on the basis of natural medicine. At last, the world has recognized Niwa Therapy.



Dr. Niwa has documented the treatments of 101 patients with advanced and incurable liver cancer during 10 years. Globally, the average life expectancy for liver cancers that cannot be treated surgically is one year or less. He selected 101 such patients and categorized them according to their Child-Pugh score BCLC tumor stage, symptoms, and cancer progression, and used various

combinations of his 10 or more drugs and treatments. He documented the results of each treatment or method and compared them with the normal life extension of such liver cancer patients.

The results showed that the average life expectancy of all his patients was 53.5 months, and depending on the content of the different treatments, the average life expectancy was as high as 55.7 months in combination with effective herbal medicines and stone baths. The average life expectancy of the patients who received the best treatment, such as daily infusion of vitamin preparations and other medicines and daily stone baths, was 75.1 months. This is six times the average life expectancy worldwide. Thanks to these excellent results, Niwa therapy has finally been recognized by international cancer societies and brought into the public eye, including in Japan.

Until now, Dr. Niwa had been maligned by some people in Japan, but he was finally happy that he could help patients and that his methods were recognized.

When I was having tea with Dr. Niwa at the Imperial Hotel in Tokyo in the summer of 2021, most of the conversation revolved around his beloved cats and dogs. He owned dozens of cats and had a private room for them, as well as cat keepers. When one of the cats died,





Dr. Niwa was sad and depressed for a while. Dr. Niwa loved and cared for such a small life.

...I am very sad that Dr. Niwa has passed away. I thank him for his years of passionate work. There has always been a great struggle in Japan. But his achievements are remarkable in the end. I am sure that Dr. Niwa is resting now with his son Tsuyoshi in heaven. I thank you from the bottom of my heart for your great commitment and influence on my life.

The big, beautiful rainbow I saw from my home in Switzerland over Lake Lucerne on September 17, the day before he died, must have been his farewell greetings to me.

"God has given us all good medicine in the grace of nature".
Dr. Yukie Niwa



Dr. Niwa was also a member of a sumo support club, and I myself saw him receive a congratulation from one of the greatest sumo champions (Hakuo) on his birthday. He just replied, "Oh, thank you thank you!". I remember it well, he also told me that he would come again in Switzerland, but it never happened.

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Health and Beauty from Inside & Outside

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